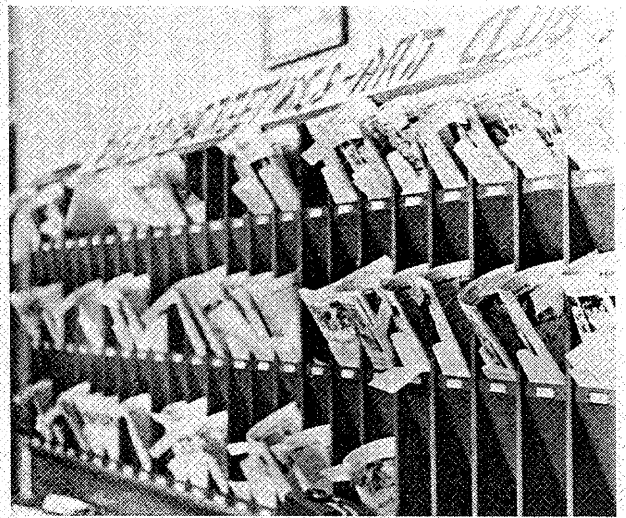
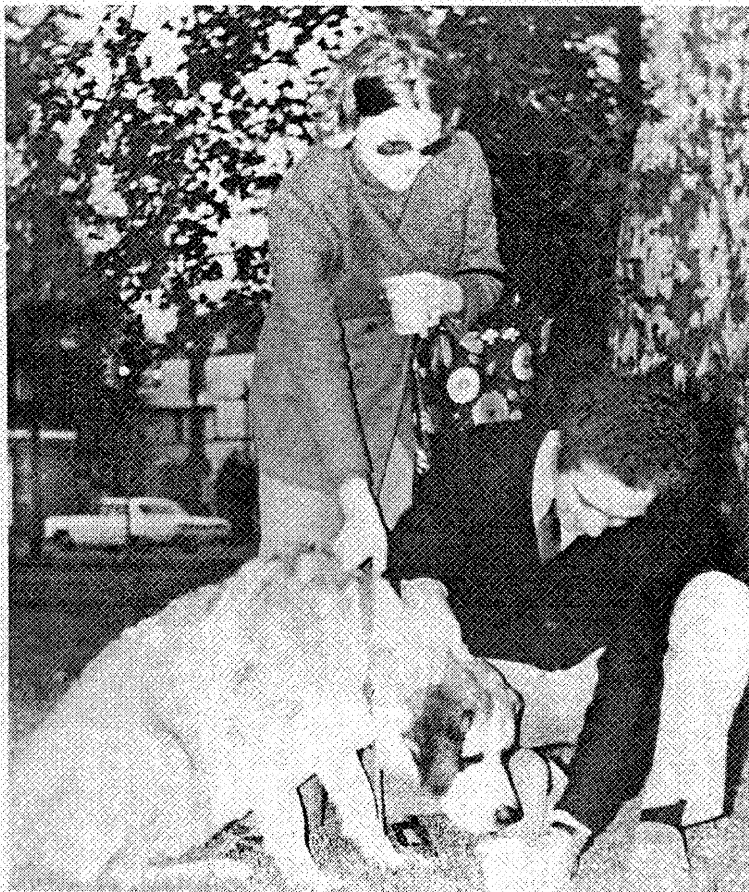


# Faculty

... just, reserved - yet ever  
willing to supply with a  
resounding abundance of  
knowledge,  
... the commanding bass drum.

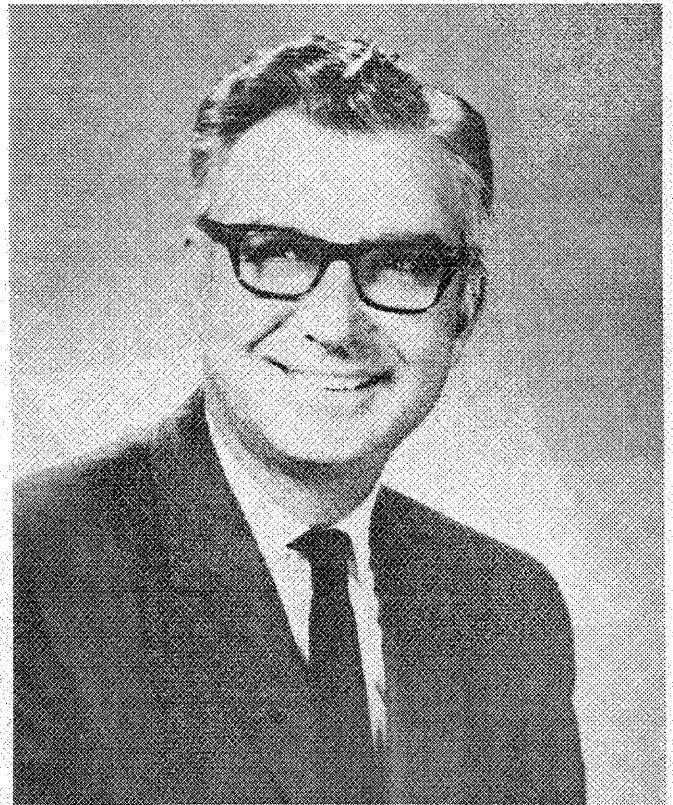






## School Board Keeps In Step With Changing Needs

The Portsmouth School Board, composed of many prominent citizens and under the direction of Superintendent of Schools, Dr. M.E. Alford, changes its standards as the times and needs of the students change. They understand the changing society which the students will face in future years and help to prepare them for it.

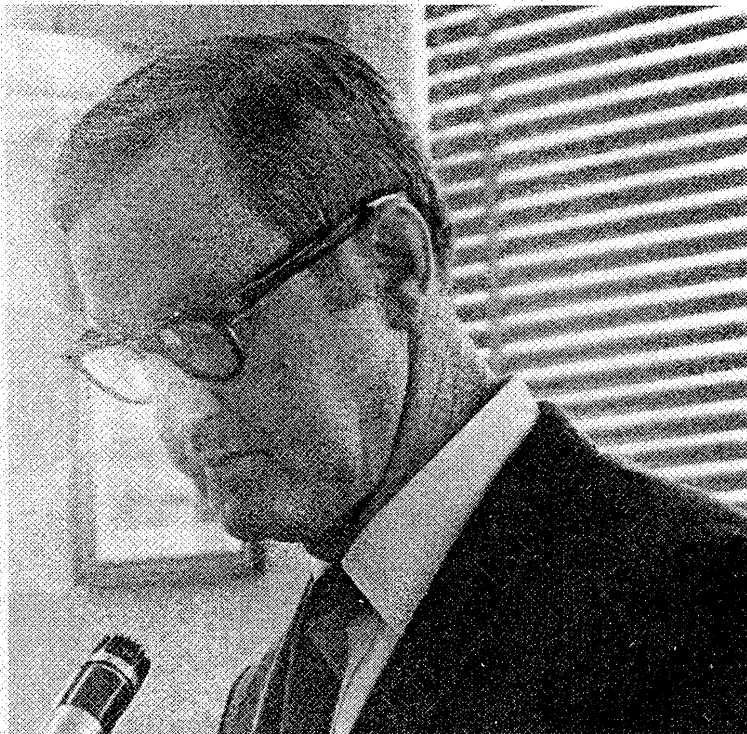


Dr. M.E. Alford, Superintendent of Schools

Portsmouth School Board—First Row: B.M. Hutchuns, vice-president; Mrs. Hilda C. Watson; Dr. M.A. Kise, president; Mrs. A.P. Hopwell. Second Row: Robert W. Wentz, Jr., Dr. Robert W. Adams, Mrs. Bernard Rivin, Les Fry, and Paul L. Wilson, Sr.

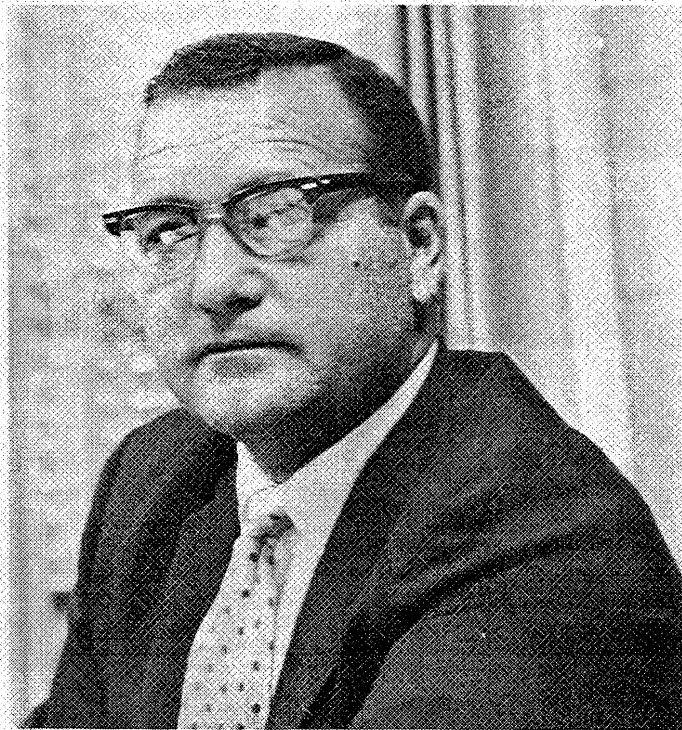


# C.S. Jenkins Added to Administrative Personnel

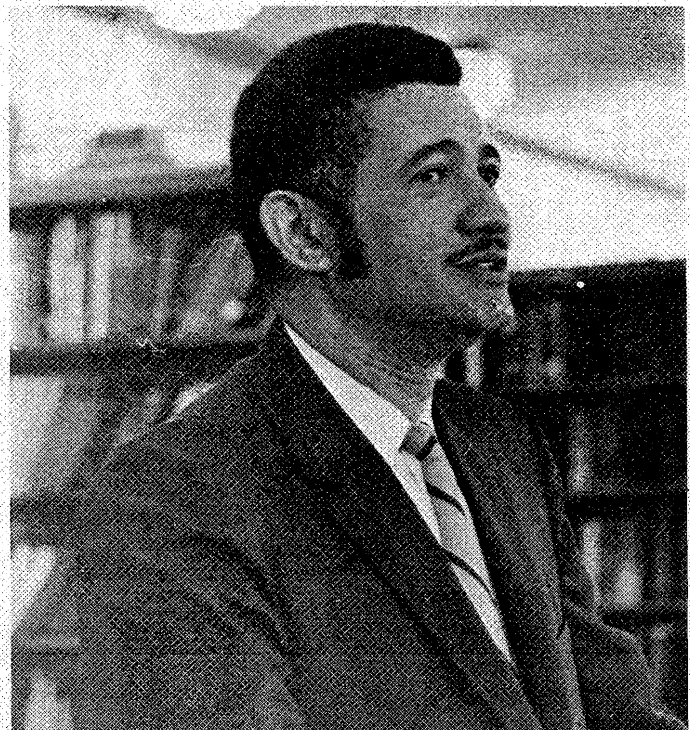


Principal T.W. Gray

The administrative personnel of Cradock enables all the problems and questions that arise from the faculty and the student body to be solved and be beneficial to all involved. This year in addition to Principal T.W. Gray and Assistant Principal R.E. Byrd, Cradock has added to this staff Assistant Principal C.S. Jenkins. Mr. Jenkins' chief jobs will work in with curriculum and instructional aids. Mr. Byrd now is involved with enforcing discipline in the school.



Assistant Principal, R.E. Byrd



Assistant Principal, C.S. Jenkins



# The People Behind the Scenes

With the help of Mrs. Williamson, Mrs. Gibbs, and Mrs. Nance, Cradock is able to function properly and smoothly. Mrs. Ayres, school nurse, helps to solve any physical problems students might have. Mrs. Williamson keeps all the money matters straight and Mrs. Gibbs and Mrs. Nance perform any jobs they might be called on to do.



Mrs. Nance, Secretary



Mrs. Williamson, Bookkeeper



Mrs. Gibbs, Secretary

Mrs. Ayers, Nurse



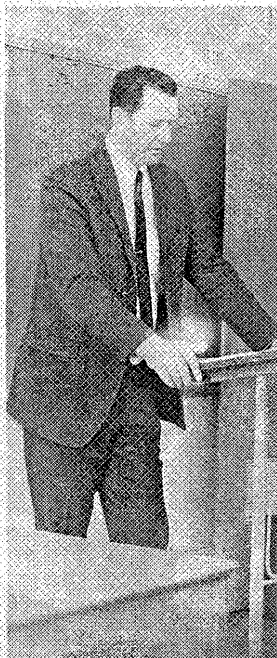


Audrey H. Pannell  
Junior Counselor  
B.S., Madison College  
M.Ed., College of William  
and Mary

Rose E. Pollard  
Senior Counselor  
Guidance Director  
B.S., Mary Washington  
College

## Guidance Counselors Help Solve Student Problems

Mrs. Rose E. Pollard, in addition to being Senior Counselor, is the Director of Guidance at Cradock. She is assisted by four counselors and a full-time secretary. The new members of the department are: Mr. Singletary (Freshman Counselor), Mrs. Vick (Sophomore Counselor), and Mrs. Walsh (Secretary). These new members work in conjunction with Mrs. Pannell, Mr. Wade, and Mrs. Pollard. All members of the department meet the necessary requirements by the State Board of Education to be qualified counselors. The department exists for the students. Through the guidance services provided for students, they learn to recognize their own abilities and to plan for the future.



James D. Singletary, II  
English 8, Guidance  
Counselor  
B.A., College of William  
and Mary  
M.S., Richmond  
Professional Institute



Mamie S. Vick  
Guidance Counselor  
Co-sponsor of FTA  
B.A., Virginia State College  
M.S., Virginia State College



Charles P. Wade  
Freshman Counselor  
Head Football Coach  
B.A., Belmont Abbey College  
M.Ed., University of  
Virginia



Mrs. Walsh, Guidance Secretary, performs one of her many daily duties.



# Mrs. Hawkins Takes Over as Department Head

Anne Bennett Borum  
English III, IV  
B.A., University of North  
Carolina

Linda Ruth Butler  
English II, Dramatics  
Sponsor of Thespians,  
Senior Class Play  
B.A., Longwood College

James Edward Fulmer  
English I, II  
Co-sponsor of The Admiral  
B.A., Old Dominion College

Mrs. Julia H. Hawkins, English chairman has helped the English department become more interesting and more challenging to the students. The Creative Arts Contest sponsored by the **Log** staff has helped to stimulate creativity and originality. The addition of filmstrips, tapes and records has added interest to the classes. Many electives, such as speech, dramatics, and journalism are also included in the department. Students may help to publish their school newspaper, year-book, or magazine. The English department helps to provide enjoyment for future years.



Rhoda Ward Hampton  
English I, II  
B.A. Appalachian State  
Teachers College

Julia H. Hawkins  
English IV  
B.A., Madison College

Marti Hunt  
English III, Speech  
Co-sponsor of The Admiral  
B.A., College of William  
and Mary

Frederica G. Johnson  
English III, IV  
Sponsor of S.C.A.  
B.A., Campbell College

Pamela Huff Lewis  
English I, II  
B.A. East Carolina  
University



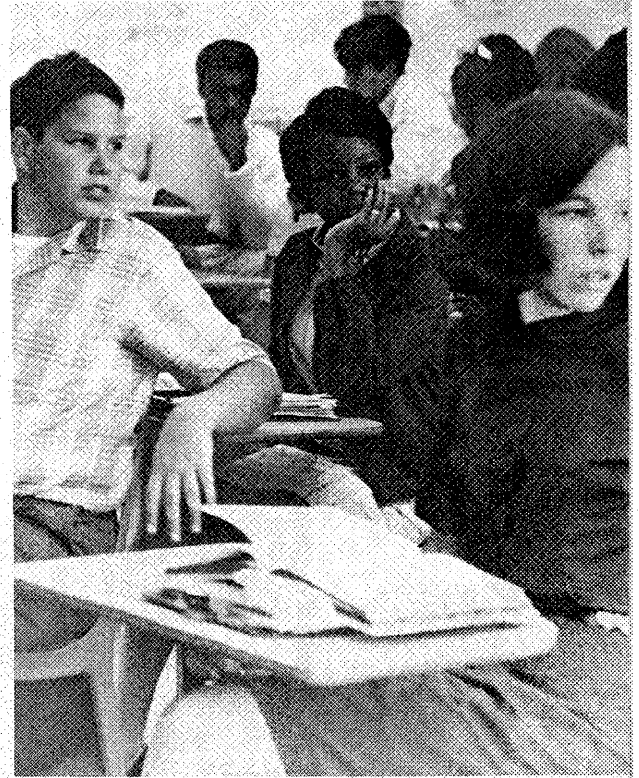
Phyllis Dickerson Lyon  
English II, III  
Co-sponsor of Inter-Club  
Council  
B.A., Old Dominion College



Barbara Ann Phillips  
English I, II  
B.A., Wake Forest  
University



Trudy Elizabeth Pond  
English I  
Sponsor of The Log and  
Debate Team  
Co-sponsor of J.V.  
Cheerleaders  
B.A., College of William  
and Mary



Mr. Fulmer's English class would rather look out the windows.



Mary Ellen Richardson  
English III, Speech  
Co-sponsor of The Admiral  
B.A., Madison College



Amy Kay Virlinson  
English I, II  
B.A., Lynchburg College



Josephine M. Wimbush  
English III, IV  
Student Forum Sponsor  
A.B., Norfolk State College



Marjorie Y. Weaver  
Librarian  
B.A., Mary Washington  
College



# Mathematics Increases Knowledge

The Mathematics Department at Cradock, under the supervision of Mrs. Elizabeth O. Morgan, presents a varied and well-prepared program. In addition to a regular five-year math schedule, general and vocational math is taught. These two subjects help our students to prepare for tradesman and to apply the principles taught to their everyday living. This variation meets every students personal need.



Phoebe M. Boykin  
Algebra I, Consumer and  
General Math  
B.A., Randolph-Macon  
Woman's College



Nancy Lee Jacob  
Algebra II, General Math  
Co-sponsor of Admiralettes  
B.S., Bucknell University



Doris Dial Mayfield  
Algebra I, II, General  
Math  
A.B., Marshall University  
M.A., Marshall University



Elizabeth O. Morgan  
Analysis, Algebra I,  
Trigonometry  
Co-sponsor of Senior Class  
B.S., Longwood College  
M.Ed., University of  
Virginia



Lydia Rea Riddick  
Algebra II and Geometry  
B.S., North Carolina  
State University



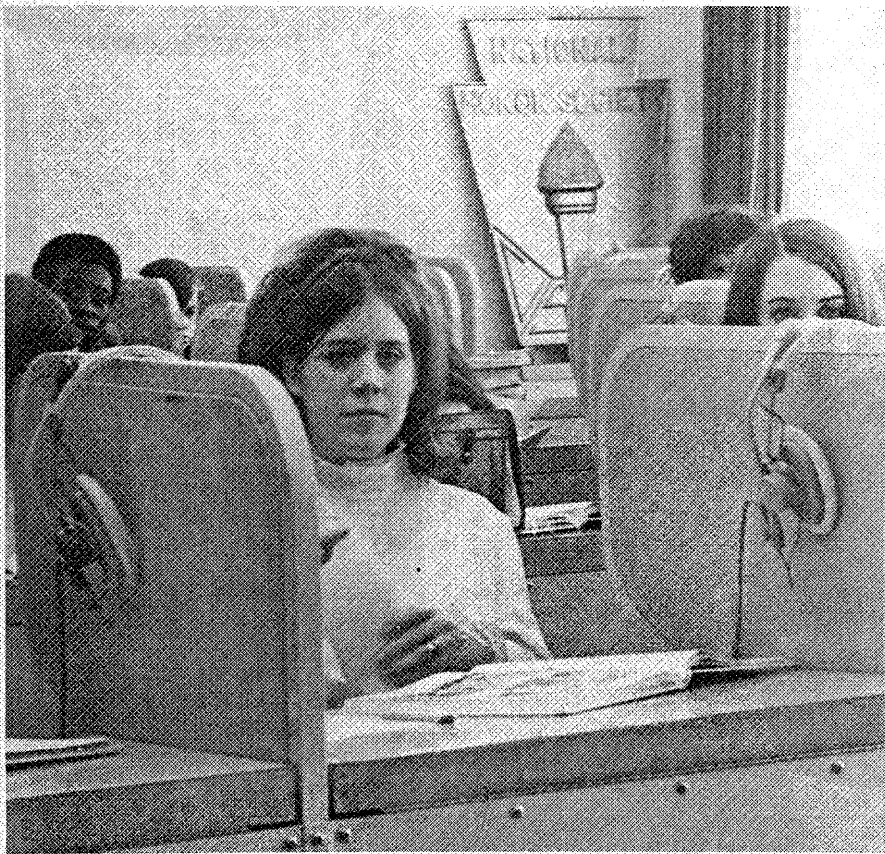
Jerry L. Shackelford  
Algebra I, II  
J.V. Baseball Coach  
Sophomore Class Co-sponsor  
B.A., M.Ed., East Carolina  
University



Bessie A. Stanback  
Algebra I, General Math  
B.S., Virginia Union  
University  
M.A.T., Michigan State  
University



John J. Wulzer, Jr.  
General and Vocational  
Math, Algebra I  
Senior Class Co-sponsor  
FTA Co-sponsor  
A.A., Belmont Abbey  
A.B., St. Benedict's



"I must not talk in class, I must not talk in class, I must..."

# Foreign Language Enrollment Expands at Cradock

The Foreign Language Department with Mrs. Elizabeth Bruce as the departmental head, helps to provoke the students to involve themselves in foreign affairs. French and Spanish taught by Mrs. Bruce, Miss Edgar, and Mr. Ficene provide enjoyment as well as knowledge to the students. The use of the lab facilities gives the students the ability to record and listen to their own accented voices. There is a hope of expansion in the department concerning courses and personnel.



Elizabeth Jack Bruce  
French  
Sponsor of National Honor Society  
A.B., Randolph-Macon Woman's College

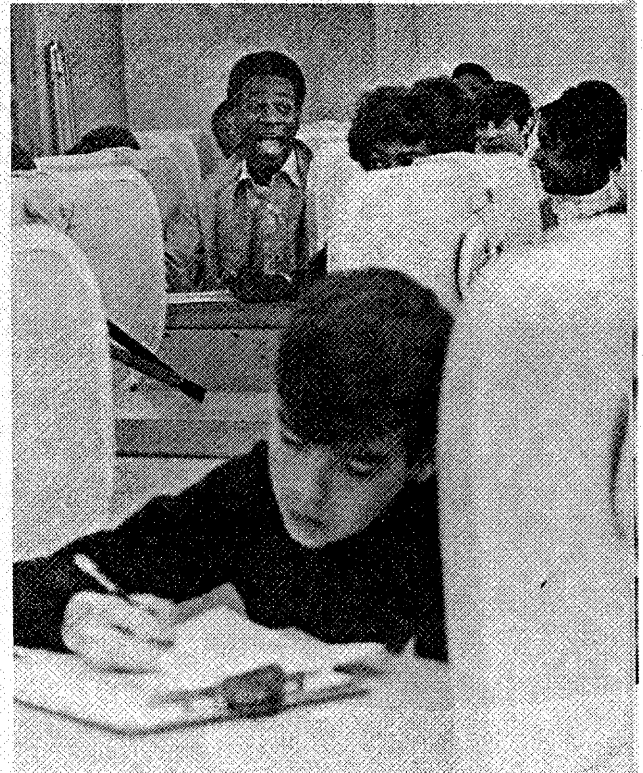


Rosemary Edgar  
Spanish  
Co-sponsor of Kappa A.B., University of North Carolina and University of Madrid



William Anthony Ficene  
Spanish and French  
Sponsor of Bible Club  
B.A., Old Dominion College

Foreign language students do their thing!





Alvin W. Anderson  
 Geography, History  
 Co-sponsor of Delta  
 Indoor Track Coach  
 Spring Track Assistant  
 Coach  
 B.S., Old Dominion  
 College

David Charles Aument  
 History and Government  
 Sponsor of Y.M.A.  
 B.S., Old Dominion  
 College

Jacqueline B. Bempong  
 Geography  
 B.A., Norfolk State College

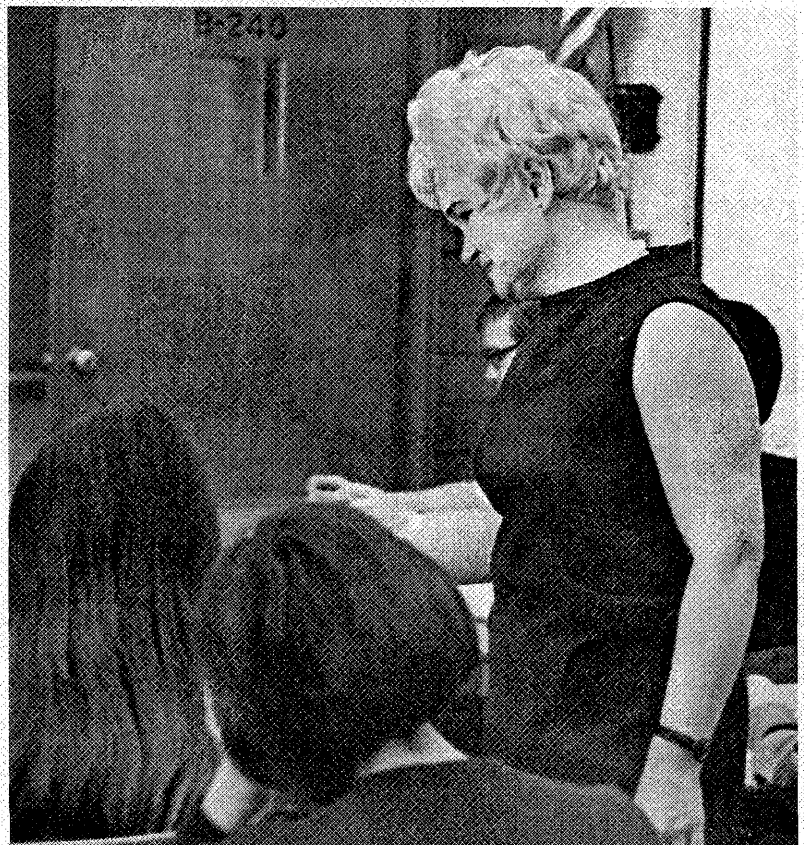


Mrs. Wilkinson looks over her student's work.



E. Dana Dickens  
 History and Geography  
 Co-sponsor of Varsity  
 Cheerleaders  
 B.A., North Carolina  
 Wesleyan

Jane H. Glazer  
 Government, Journalism  
 and International  
 Relations  
 Sponsor of The Shipmate  
 B.A., George Washington  
 University  
 M.A., Stanford University



# Teachers Open Doors to the Past, Present and Future



Betty Parent  
Geography and History  
B.A., College of William  
and Mary



Bonnie B. Paul  
Geography and History  
Co-sponsor of the Varsity  
Cheerleaders  
B.S., Madison College



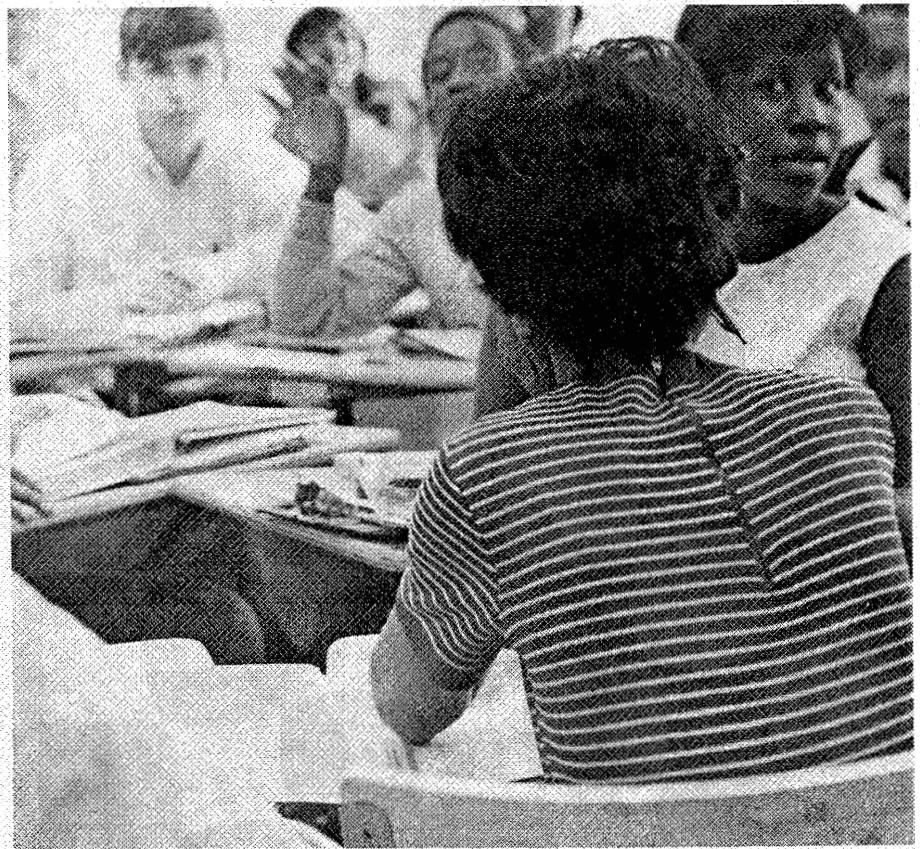
Sarah M. Ward  
History  
B.A., Virginia State  
College

The Social Studies Department of Cradock High School, under the excellent supervision of Mrs. Jayne Wilkinson, has one of the largest collections of filmstrips, records, and tapes of any high school in the state of Virginia. These audio-visual and visual aids help our students to fully understand the importance of history in their own lives. The majority of the student body is involved in social study activities. While participating in these activities, students can begin to understand and realize the social, political and economic conditions of the nation. This seems to be the main objective of the department. The Social Studies Curriculum includes United States and Virginia Government, United States and Virginia History, world history, and world geography.

Mr. Anderson's geography class participates in a class discussion.

Larry D. Weldon  
Geography  
Athletic Director  
B.A., Presbyterian  
College

Jayne Cosby Wilkinson  
Government and History  
A.B., Duke University  
M.A., University of  
Richmond

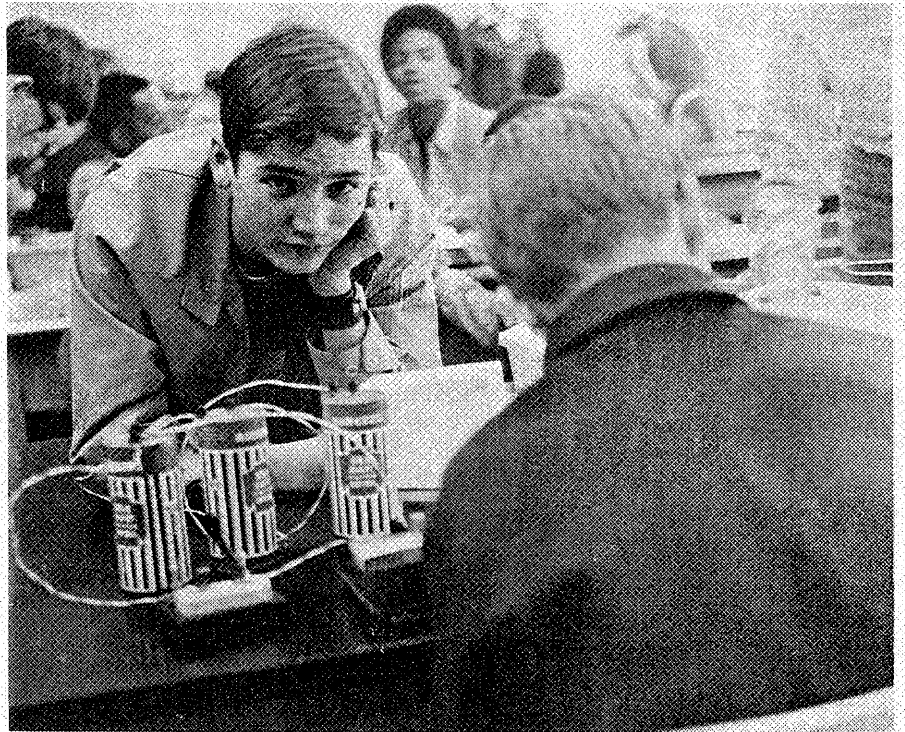




# Physical Science

The Science Department of Cradock High School entered the 1969-70 school year proudly proclaiming two consecutive years of Tidewater Science Congress winners and top place winners in the International Science Fair.

This year the entire freshman science program has become all physical science. The new investigative approach and inquiry method is dominating the scene. More students are recognizing a need for the advanced courses. The physics enrollment has over doubled since last year and an extra chemistry class has been added. Ours is the only science department in the city with three chemistry teachers.



Experiments with batteries is one of the many aspects of physical science.

Edna H. Corbett  
Introductory Physical  
Science, BSCS Biology  
B.S., Virginia State  
College, Norfolk Div.  
M.A., Hampton Institute

Ted Wells Gardner  
Introductory Physical  
Science, Chemistry  
A.B., University of  
North Carolina

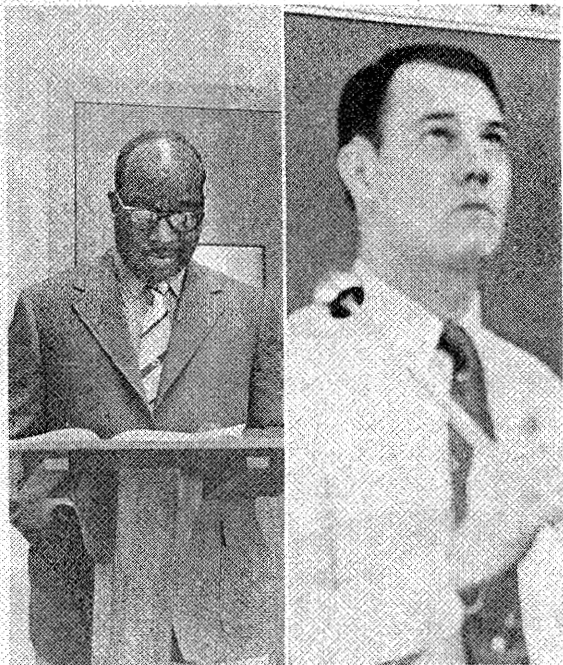
Olivia T. Hinton  
Physics and Chemistry  
Co-sponsor of Science  
and Math Club  
B.S., East Carolina  
University  
M.S., College of William  
and Mary

Sarah Jo Jennings  
Biology  
Co-sponsor of J.V.  
Cheerleaders  
B.S., Radford College

Sandra Y. Mennis  
Introductory Physical  
Science, BSCS Biology  
Chemistry  
Co-sponsor of Kappa  
B.S., Medical Technology  
Louisiana State University

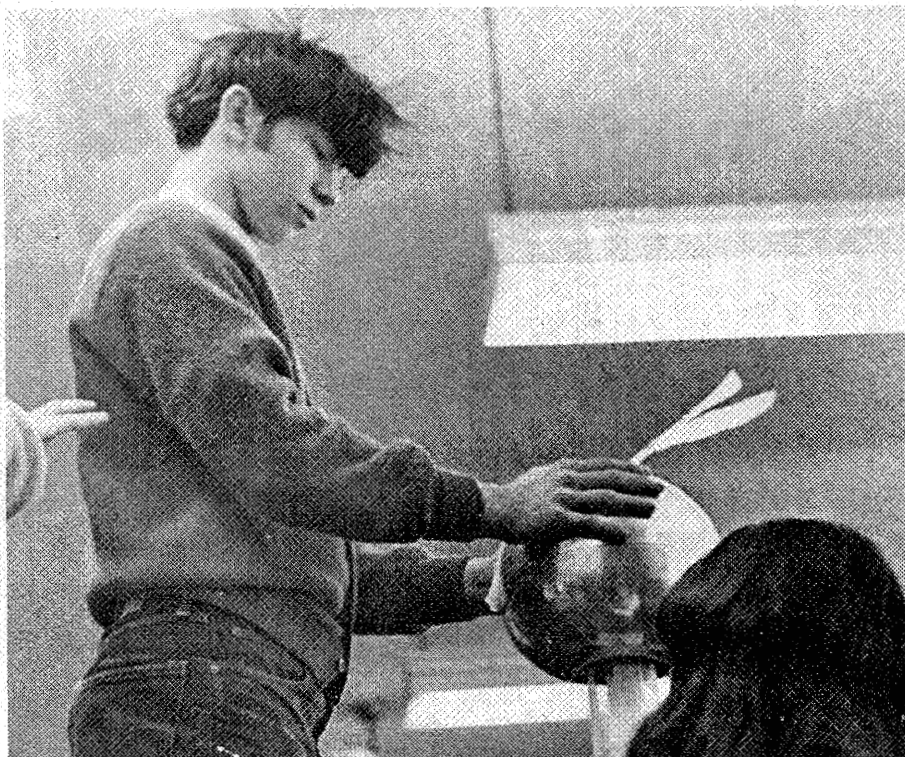


# for Freshmen



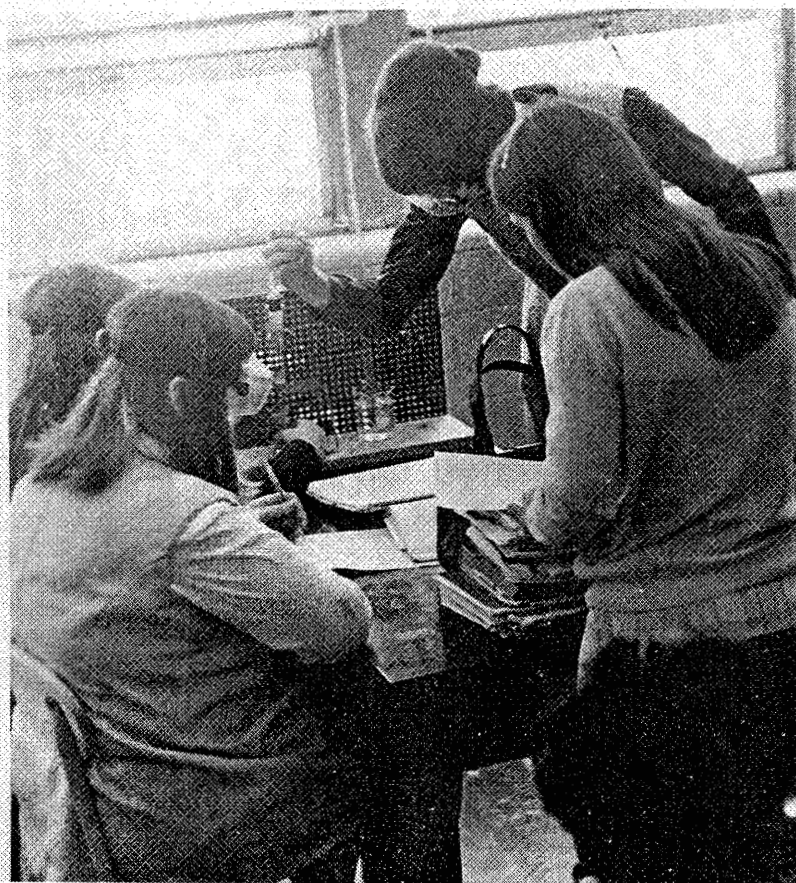
Joseph Myers  
Introductory Physical  
Science  
B.S., Hampton Institute  
M.S., Virginia State  
College

George Albert Perkins  
Quantitative Physical  
Science, Earth Science  
Cross-country Coach  
Spring Track Coach  
B.S., Old Dominion  
College



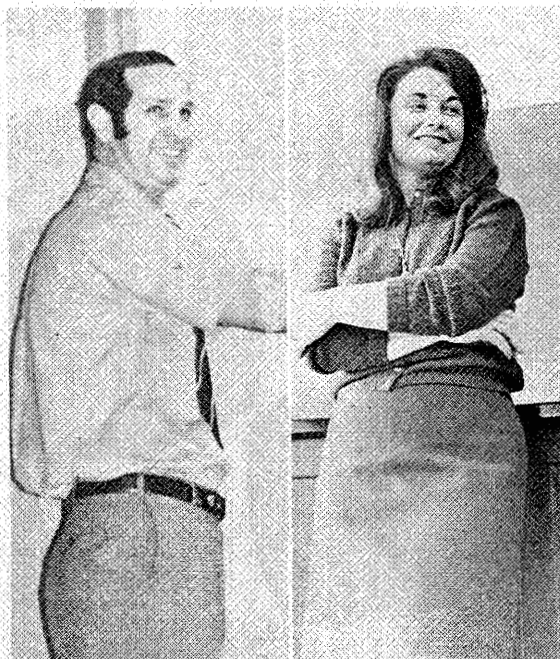
A Cradock student learns what happens with too much static.

Students struggle over a difficult experiment.



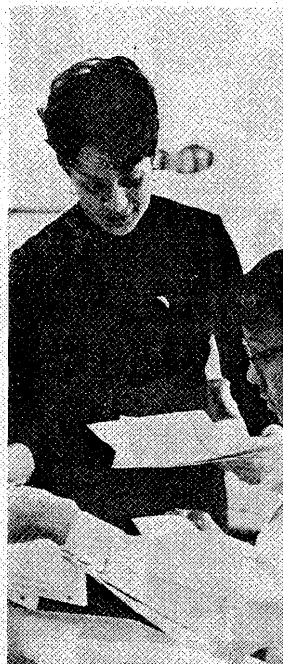
Forrest R. Ross  
BSCS Biology  
Co-sponsor of Junior Class  
B.S., North Carolina State  
M.S., University of Virginia

Jo Anne S. Vance  
BSCS Biology  
B.S., Longwood College  
M.S., Old Dominion  
College





# A First for Cradock: Intramurals



Wanda B. Barnes  
Physical Education  
Volleyball Intramurals  
B.S., Hampton Institute



Willis H. Bell, III  
Physical Education  
Driver's Education  
Varsity Baseball and  
J.V. Football Coach  
B.S., William and Mary  
M.Ed., University of  
Virginia



Raymond T. Carson, Jr.  
Driver's Education  
Varsity Basketball and  
Golf Coach  
B.S., Old Dominion College

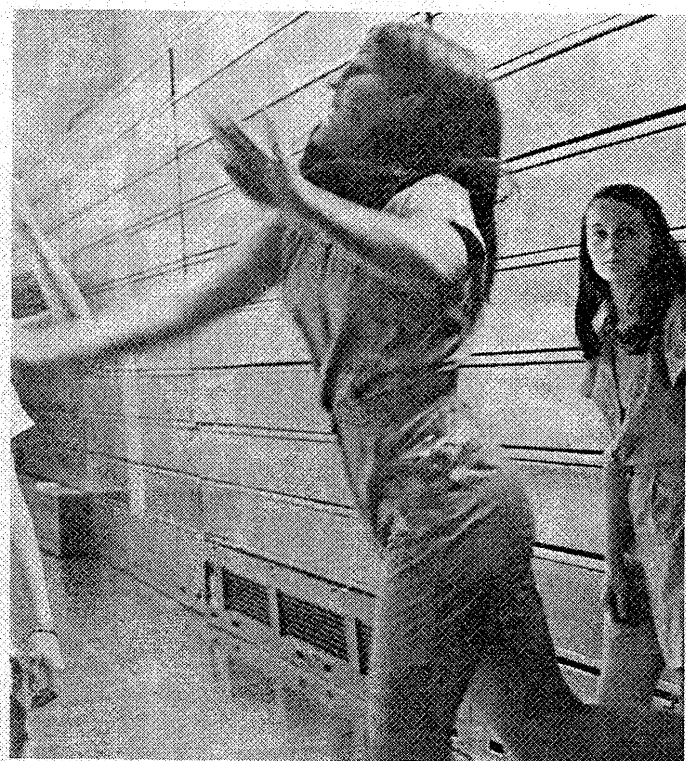
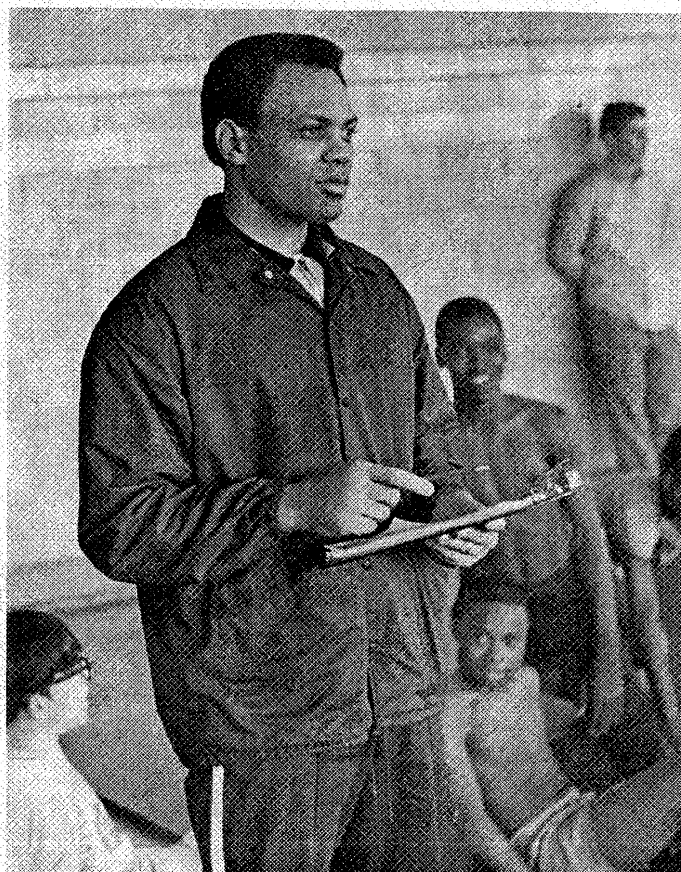


Francis R. Gale  
Physical Education  
Softball Intramurals  
B.A., Berea College



Richard K. Huneycutt  
Physical Education  
Driver's Education  
Coach of Football and  
Wrestling Teams  
B.S., East Carolina  
College

Mr. Langston's class looks like it enjoys learning.



Up, up, and away!



Joe Gerald Langston  
Physical Education  
Driver's Education  
Weight Training and  
Football Coach  
B.S., Norfolk State  
College

John Lamarr Preythe  
Physical Education  
Tennis Coach  
B.S., Atlantic  
Christian College

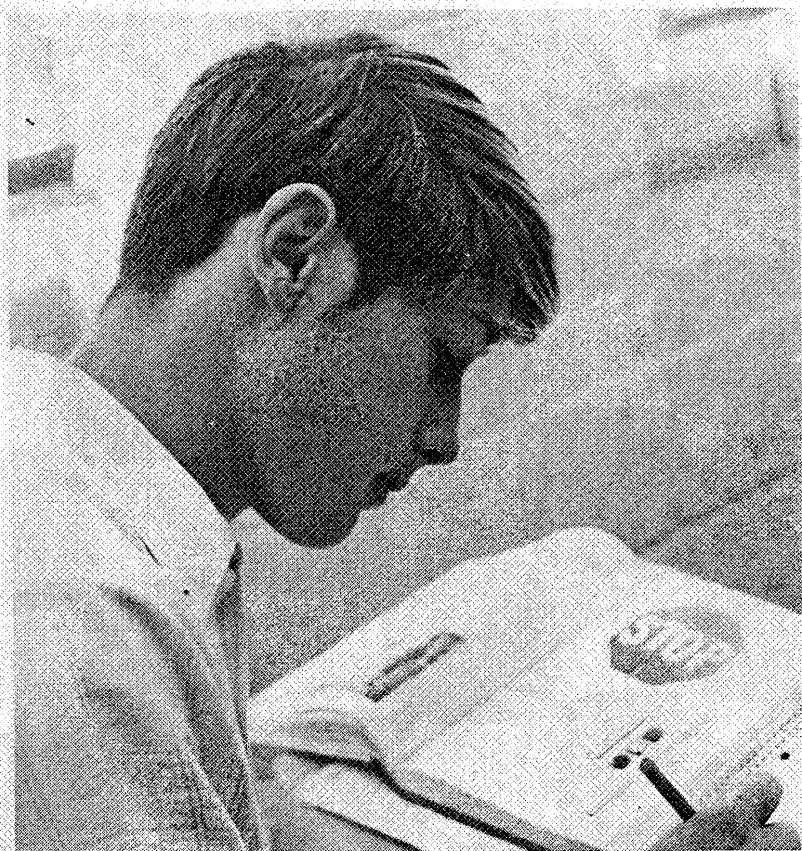
The Physical Education Department with Mr. Willis Bell as head, started this year with the expansion of its staff. The new members—Mrs. Branes, Miss Spruill, Mr. Waff, and Mr. Precythe—aid in cultivating sportsman-like conduct and physical fitness in our students.

Intramurals are new at Cradock this year. Volleyball, gymnastics, and basketball are among the first intramural sports. Miss Spruill, Mrs. Barnes, and Mrs. Gale feel these will add more interest to girls taking physical education.

Another addition to the physical education department is the new look the gymnasium floor received over the summer.

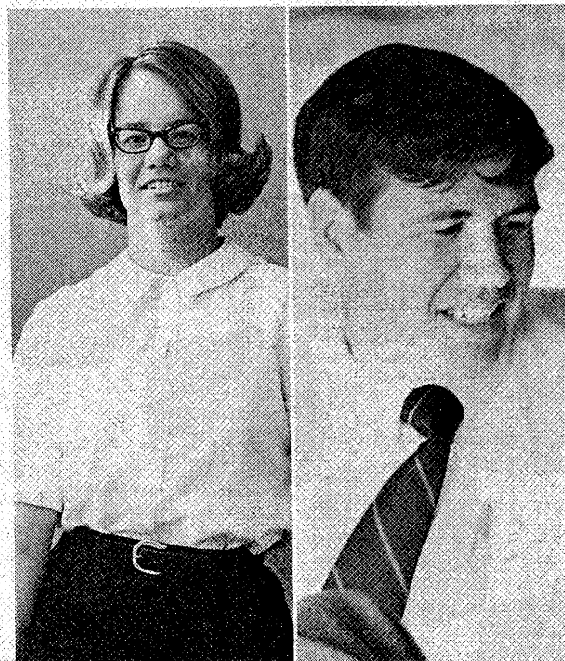
Driver's education has increased in importance to all students. It helps students to follow the rules of driving and to decrease the percentage of accidents on today's highways.

Driver's Education is a part of every sophomore's curriculum.



Mary Paulette Spruill  
Physical Education  
Basketball Intramurals  
B.S., Radford College

Wayne Stevenson Waff  
Physical Education  
Football and J.V.  
Basketball Coach  
B.S., East Tennessee  
State University





# Stenography and Clerk Typist Added to Curriculum

The Business Department offered two new programs to the students. Mrs. Delores Paine, department head, taught Stenography I. This was a program consisting of both shorthand and typing. The students also learned how to use the many business machines—duplicators, adding machines, and transcription and calculating machines. The other new program, taught by Mrs. Patricia Self, was involved in mainly the business machines and typing. Both of these courses were two hours long and students taking them received two credits. Other business courses, typing, general business, bookkeeping and recordkeeping also were available. The Business Department prepares students for jobs in the wonderful world of business.



Edna Glyn Compton  
Typing I, Shorthand II  
Co-sponsor of FBLA  
B.S., Radford College



LaVonne P. Ellis  
Business Law, Economics  
Typing I  
Co-sponsor of Inter-Club  
Council  
B.S., Hampton Institute



Linda H. Henderson  
V.O.T., C.O.T., Typing II  
A.A., Old Dominion College  
B.S., Old Dominion College



Jessie B. Linyear  
General Business,  
Bookkeeping,  
Recordkeeping  
Co-sponsor of FBLA  
B.S., Norfolk State College



Delores K. Paine  
Stenography I  
B.S., Madison College



Patricia G. Self  
General Business  
Typing I, and Clerk-  
Typist I  
B.S., Campbell College



Shelby E. Watson  
General Business  
Typing I  
B.S., Mississippi State  
University and Old  
Dominion College

# Students Excel in Industrial Arts

Lonnie B. Clements  
Mechanical Drawing  
Co-sponsor of Y.M.A.  
B.S., Old Dominion College

Vernon B. Kloeppel  
General Math, General  
Metals  
B.S., Old Dominion College  
M.Ed., North Carolina  
University

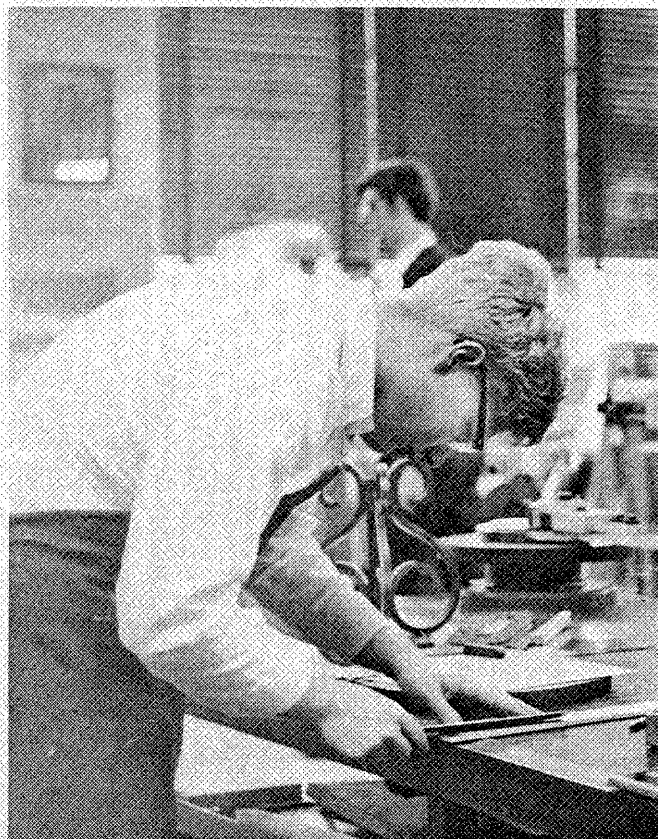


The Industrial Arts Department is composed of mechanical drawing, wood shop, metal shop, and the electricity shop. The new members include Mr. Smithwick and Mr. Riddick. They teach wood and electricity, respectively. The metal students and the mechanical drawing students won state awards in the Virginia Industrial Arts Association. Mechanical drawing offers experience as architects and draftsman. The wood shops help meet the requirements for the apprentice programs. In the metal shop students learn how to cast metals and how to weld them. Basic electricity offers a general course in electronics. With these courses, our students are able to be experienced tradesmen.

Rayford L. Riddick  
Basic Electronics I, II  
Audio-Visual Coordinator  
B.S., Virginia State College

Thomas M. Smithwick, Jr.  
Wood I, II and General  
Industrial Arts  
B.S., East Carolina  
University

The Metals Shop helps students to mold various objects for use in everyday life.





# Nursing - A New Program

The Vocational Educational Department of Cradock High School is comprised of four programs. Mrs. Katherine Decker heads the Licensed Practical Nursing Program. This program is designed for pre-clinical and classroom training in nursing.

The second program, Distributive Education, headed by Mr. Nicholas Ashby, helps our students adapt to the expanding economy of our nation today.

Industrial Cooperative Training, under Mr. Ernie Prillaman's supervision, provides part-time jobs for the students. This aids them in realizing the importance of learning while earning.

Mrs. Barbara West instructs the Home Economics classes. Particular attention is devoted to consumer problems and management as needed for strengthening family living.



Nicholas G. Ashby  
D.E.  
Co-sponsor of DECA  
B.B.A., A.A., Old Dominion College



Annette J. Barnes  
D.E.  
Co-sponsor of DECA  
B.S., Virginia Commonwealth University



Katherine B. Decker  
Practical Nursing  
B.S.N., Emory University School of Nursing



Dorothy W. DeSue  
Practical Nursing  
A.D., Norfolk State College



Jane Greenwood  
Practical Nursing  
B.S.N., Medical College of Virginia



Ernie E. Prillaman  
I.C.T.  
Sponsor of V.I.C.A.  
B.S., Virginia Polytechnic Institute



Barbara Ann West  
Home Economics  
B.S., East Carolina University

# Creativity is Focused in Fine Arts



William P. Barley  
Band  
B.M.Ed., Shenandoah Music  
Conservatory

Harriet C. Heath  
Chorus  
Sponsor of Madrigal  
Singers  
B.M.Ed., Greensboro  
College

Netta B. Staffon  
Art  
Sponsor of Art Club  
B.A., Carnegie Institute  
of Technology

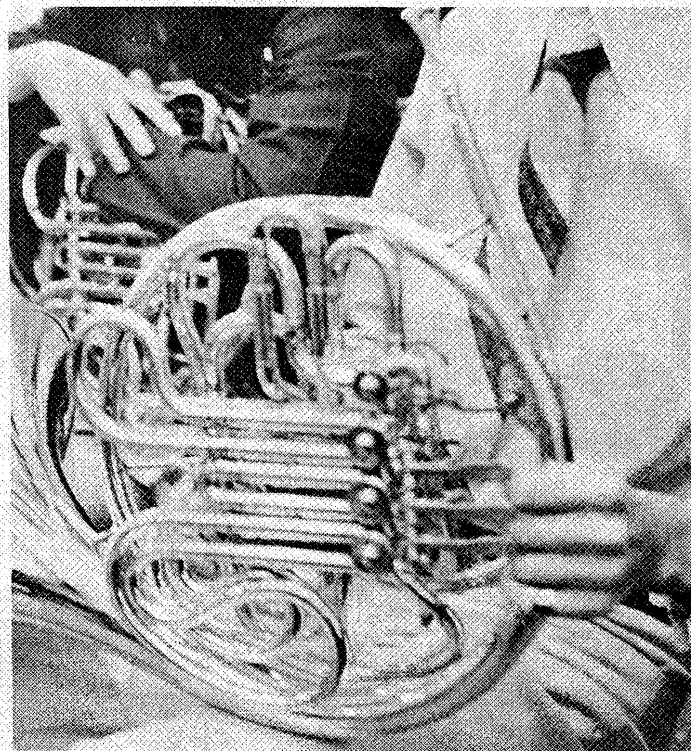
The Fine Arts Department, under the general supervision of Mrs. Netta B. Staffon, plans another combined art exhibit and band and choral concert this year.

Mrs. Harriet Heath's choral department consist of five groups; Boy's Glee Club, Girl's Glee Club, Girl's Ensemble, Mixed Chorus and the Madrigal Singers. These groups present programs in the community as well as assemblies and concerts for the school. The Madrigal Singers performed at Shenandoah College for the Tri-State Music Festival. The annual Christmas trip to Williamsburg was a great success. Twenty-four choral members were selected to participate in the Eastern Regional Chorus.

The Art Department offers a four-year program. Mrs. Netta Staffon encourages her students to participate in city wide exhibits. Their art work is on display in auditorium hall and in the cafeteria. The department was especially active during homecoming and the Christmas season.

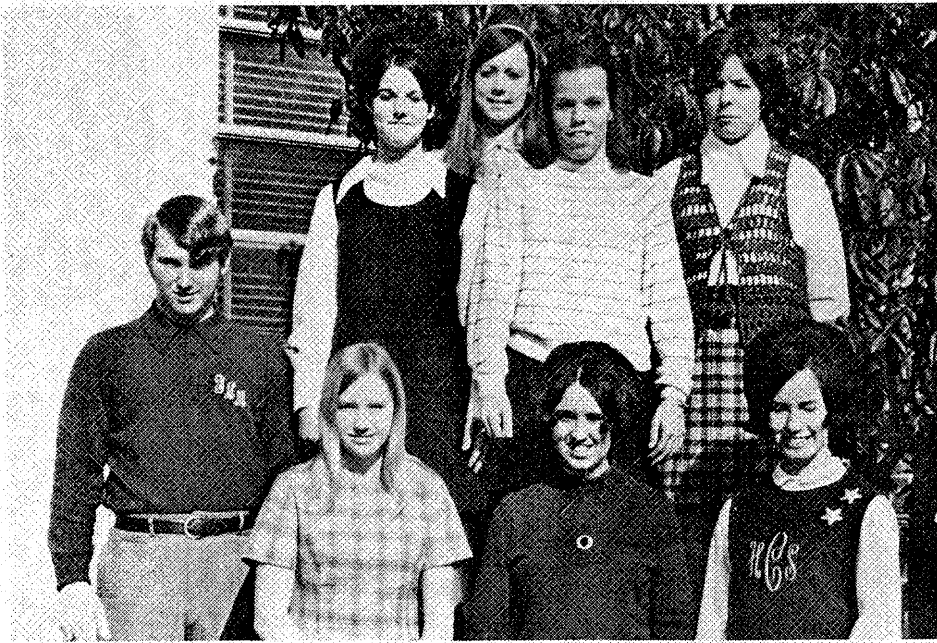
Mr. William Barley and his band again hosted the All-Regional band at Cradock. They participated in a marching contest in Williamsburg and received an excellent rating.

Mrs. Staffon instructs her students in the basic fundamentals of sculpturing.

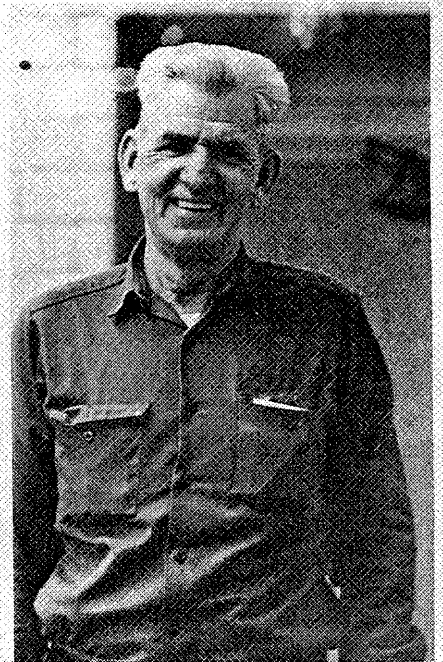


The French horn is one of the many band instruments.





**Guidance Assistants**—First Row: Kathy Christopher, Cathy Modlin, Susan Grigas. Second Row: Tommy Machingo, Donna Large, Connie Davis, Billie Sue Taylor, Renee Baggett.



**Mr. Matthews**  
Custodian



**Library Assistants**—First Row: Mike Buck, Charles Kennison, Eugene Williams, Veronica Willis, Linda Gainey, Debbie Barbour, Linda Shelburne, Susan Piland. Second Row: Linda Amory, Joannie Beaver, Kathy Trent, Karen Gingras, Audrea Moyer, Pat Cox, Billy Jordan. Third Row: Karen Burkholder, Peggy Jenkins, Sylvia Fox, Wesley Stuart, Karen Gowdy.

**Main Office Assistants**—First Row: Steve Cowart, Toni Johnson, Patty Selley, Lynette Caharity, Cathy Corprew, Dale White, Tricia Lathan, Janet Callahan, Billy Deal. Second Row: Jeryl Carr, Coleen Green, Shirley Root, Janis Buchanan.



## Student Assistants Are Kept on the Run



Infirmiry Assistants—Nancy Babb, Pat Rife, Patricia Cherry.

Student assistants aid the secretaries, the nurse, the librarian, the guidance counselors, and the cafeteria staff. These students do this work during their study periods. They are kept busy running errands, filing, answering the telephone, and aiding visitors in any way possible. The cafeteria assistants help the staff to prepare the lunches. The nurse's aids aid her in recording the number of students sent to the infirmary and the reason why they are sent. They help Cradock to operate smoothly by their volunteer service.



Cafeteria Assistants—Janice Jacobs, Sally Virnelson, Hoover Lee, Clarence Gray, and Berlene Bunch.



Cafeteria Manager—Mrs. Hollins.